

Please check the examination details below before entering your candidate information	
Candidate surname	Other names
Centre Number	Candidate Number
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Pearson Edexcel International GCSE	
Thursday 09 May 2024	
Afternoon (Time: 2 hours)	Paper reference 4ES1/01R
English as a Second Language PAPER 1: Reading and Writing	
You must have: Insert Booklet for Part 1, Part 2, Part 3 and Part 6 (enclosed)	Total Marks


Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*
- Dictionaries may **not** be used in this examination.

Information

- The total mark for this paper is 100.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.
- Individual links to questions and texts can be found at the bottom of some pages and are shown by a link symbol .

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READING

Answer ALL questions in this section.

Part 1

Read '10 Reasons Why You Should Swim' in the Insert Booklet, Part 1, page 3, and answer Questions 1–10.

Questions 1–10

Identify which paragraphs (A–J) contain information listed in Questions 1–10 by marking a cross for the correct answer ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.

You must choose answers only from the information given.
Paragraphs may be used more than once or not at all.

1 Which paragraph refers to taking swimming lessons? (1)

A B C D E F G H I J

2 Which paragraph refers to working all your muscles? (1)

A B C D E F G H I J

3 Which paragraph refers to the importance of enjoyment? (1)

A B C D E F G H I J

4 Which paragraph refers to gentle exercise? (1)

A B C D E F G H I J

5 Which paragraph refers to swimming being a necessary skill? (1)

A B C D E F G H I J

6 Which paragraph refers to making friends? (1)

A B C D E F G H I J



7 Which paragraph refers to swimming being convenient if you live nearby? (1)

A B C D E F G H I J

8 Which paragraph refers to feeling calm? (1)

A B C D E F G H I J

9 Which paragraph refers to the cost of swimming? (1)

A B C D E F G H I J

10 Which paragraph refers to how much energy swimming uses? (1)

A B C D E F G H I J

(Total for Questions 1–10 = 10 marks)

TOTAL FOR PART 1 = 10 MARKS

Part 2

Read the article 'Living and Working on the Road' by Madeleine Howell in the Insert Booklet, Part 2, pages 4–5 and answer Questions 11–25.

Questions 11–20

Answer the following questions. For each question write no more than THREE words that must be taken from one point in the text. DO NOT write full sentences.

- 11 Which group of people is becoming larger? (1)
- 12 In which countries do Sally and Gary spend their time? (1)
- 13 How does Madeleine Howell describe the couple's chosen lifestyle? (1)
- 14 According to Madeleine, who may have issues with screen time? (1)
- 15 What did the couple have problems with initially? (1)
- 16 How does Madeleine describe the possibility of meeting new people? (1)
- 17 What was Emma saving for before she bought her campervan? (1)
- 18 How does Madeleine describe Emma's job hunting experience? (1)
- 19 What does Emma use to find suitable places to stay? (1)

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20 How does Madeleine describe those who live and work on the road?

(1)

(Total for Questions 11–20 = 10 marks)



**Insert Booklet
Part 2**

Questions 21–25

Identify which of the options (A–D) is correct for Questions 21–25 by marking a cross in the box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.

21 The main goal of living and working on the road is to

(1)

- A** search for different views every day.
- B** meet others with the same lifestyle.
- C** use time in a more rewarding way.
- D** save money by not living in a house.

22 Which of the following is true about Sally and Gary?

(1)

- A** They still own a family home.
- B** They bought a new campervan.
- C** They used to teach for a college.
- D** They offer people group lessons.

23 In the future, Sally and Gary would like to

(1)

- A** lead a more predictable life.
- B** meet lots of different people.
- C** travel to more distant places.
- D** live with their grandchildren.

24 Which of the following is true about Emma?

(1)

- A** She has an office job in marketing.
- B** She used savings to change her life.
- C** She was new to life in a campervan.
- D** She has travelled with her friends.

25 What pleases Emma the most about life on the road?

(1)

- A The quality of her work has improved.
- B She finds really cheap places to stay.
- C The experiences she has are exciting.
- D She does not mind being on her own.

(Total for Questions 21–25 = 5 marks)

TOTAL FOR PART 2 = 15 MARKS

Part 3

Read the article 'In Search of Green Spaces' by Colin Drury in the Insert Booklet, Part 3, pages 6–7 and answer Questions 26–45.

Questions 26–30

Read the statements below. Decide whether they are TRUE, FALSE or NOT GIVEN according to the text.

Mark a cross ☒ for the correct answer. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.

	True	False	Not Given	
26 The project in Dexley is one of many similar projects completed to date.				(1)
27 Colin Drury is unhappy with changes that have occurred over the last two decades.				(1)
28 Green space is now a major consideration in new developments.				(1)
29 A national survey has recorded people's opinions about green spaces.				(1)
30 Colin believes that enough thought is currently given to the location of new green spaces.				(1)

(Total for Questions 26–30 = 5 marks)

Questions 31–40

Complete the following sentences using no more than THREE words that must be taken from one point in the text.

- 31** Dexley council is hoping to attract more changes to the town centre. after (1)
- 32** The new park in Dexley will include a families can eat together. where (1)
- 33** In Farwell, a new project will have green space. and (1)
- 34** Experts think that should not be allowed on existing green spaces. (1)
- 35** The park in Dexley will lie between a commercial area. and a (1)
- 36** In recent times, have closed their outlets in Dexley town centre. (1)
- 37** Other struggling towns and cities might the Dexley project. (1)
- 38** There is a lack of , which makes it difficult to look after the parks we already have. (1)
- 39** By offering people usable green spaces, money spent on future could be reduced. (1)
- 40** Some people are more likely to be able to to a park than others. (1)

(Total for Questions 31–40 = 10 marks)

Questions 41–45

Complete this summary of the text using words from the box below. Each word may be used once or not used at all.

We now seem to be entering a period of time where people's attitudes towards green spaces are changing. There are **(41)** taking place in many towns and cities about how developers can create more of them. According to Colin Drury, we also need to think about our existing green spaces and how they can be **(42)** In addition, consideration needs to be given to the **(43)** of new green spaces. In this way, more people will use them, which means better **(44)** and fewer issues in later life. Colin is **(45)** that the changes we are making now will continue into the future.

discussions doubtful location wellbeing interviews
size advertised confident facilities improved

(Total for Questions 41–45 = 5 marks)

TOTAL FOR PART 3 = 20 MARKS
TOTAL FOR READING = 45 MARKS



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WRITING

Answer ALL questions in this section. Write your answers in the spaces provided.

Part 4

You want to go to the cinema to watch a film. Write an email to your friend about it.

In your email you **must**:

- write about which film you would like to see
- state why you want to see the film
- invite your friend to watch the film with you.

You **must** write between **75 and 100 words only**.

(10)

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TOTAL FOR PART 4 = 10 MARKS



Part 5

You have been asked to write an article for the school magazine about the benefits of shopping online and the benefits of visiting a shopping centre to go shopping.

In your article you **must**:

- give **two** benefits of shopping online
- give **two** benefits of visiting a shopping centre to go shopping
- state which option you prefer and why.

You **must** write between **100 and 150 words only**.

(20)

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TOTAL FOR PART 5 = 20 MARKS



Part 6

You are doing a project for your teacher on how to have a more environmentally-friendly holiday. Read the text in the **Insert Booklet, Part 6, page 8** and write a summary for your teacher.

In your summary you **must**:

- give **two** changes you can make when preparing to go on holiday
- give **three** changes you can make whilst you are on holiday
- give **your predictions** on whether individuals will start to make their holidays more environmentally friendly.

You **must** write between **100 and 150 words only**. You **must** use your own words where possible.

(25)

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**Insert Booklet
Part 6**

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TOTAL FOR PART 6 = 25 MARKS
TOTAL FOR WRITING = 55 MARKS
TOTAL FOR PAPER = 100 MARKS



Pearson Edexcel International GCSE

Thursday 09 May 2024

Afternoon (Time: 2 hours)

Paper
reference

4ES1/01R

English as a Second Language
PAPER 1: Reading and Writing

Insert Booklet

For Part 1, Part 2, Part 3 and Part 6

Do not return this Insert Booklet with the question paper.

Turn over ►

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Part 1

10 Reasons Why You Should Swim

Swimming can sometimes seem like too much trouble. You have to get changed at the pool and you have wet hair. Also, getting out of the water in the middle of winter isn't always appealing. However, the positives definitely outweigh the negatives.

- A** You don't need to spend hundreds of pounds to swim. All you need is a swimsuit, cap, and goggles. Even if you do decide to add more equipment, for example a kickboard, they are not expensive. Your local pool will probably have some that they can lend you.
- B** Swimming is a full body workout, using all those muscles you had totally forgotten about. Whether you choose breaststroke or front crawl, it is brilliant exercise. If you're sitting at a desk all day, give swimming a try and see how much healthier you feel.
- C** If you're lucky enough to live near a swimming pool, you have the added bonus of being able to walk there. You can also exercise indoors all year round and attend swimming sessions on days and at times that suit you.
- D** If you want to build your strength slowly after an injury, then swimming is ideal as the water supports your body. Swimming is a great way to work out on those days you want to do a less tiring form of exercise.
- E** Swimming is a solo sport as it tends to be just you and the pool. However, there are plenty of swimming clubs around if you're looking to meet some new people. You can find one suited to your abilities and spend time with like-minded people.
- F** You might feel nervous if it's been a while since you've been to the pool. However, once you get into a routine, you might find doing laps is truly meditative. Many people find concentrating on the rhythm of their strokes helps them to relax.
- G** You can go to the pool with others to make it more fun. Even if you're swimming lengths, it still brings back that feeling of childhood and splashing around in a pool. If something is fun, you're far more likely to continue with it.
- H** Swimming is the best aerobic activity for you. One hour of swimming can burn around 500 calories. Compared to running, you have to control your breathing more. Your body needs more oxygen and you work harder. You carry on burning calories even after leaving the pool.
- I** Contact your local pool if you're new to swimming. They will be able to advise you on attending beginner's sessions, or having a private instructor if that's what you prefer. Either way, it shouldn't be too long before you're swimming your first strokes.
- J** Swimming is not only a good form of exercise, but being able to swim well is important for your own safety, especially if you want to spend time in or near the sea or a lake. You can feel confident of your abilities in the water.

Part 2

Read the article by Madeleine Howell.



(Source: © guy harrop / Alamy Stock Photo)

Living and Working on the Road

Forget working from an office, from home or even from a hotel. A growing number of so-called 'digital nomads' are pushing the benefits of working and living in a portable office, with ever-changing views and the opportunity to meet like-minded people. The ultimate dream is definitely a better work-life balance, with the added bonus of far fewer bills and expenses. It has become increasingly possible to work from anywhere in the world.

One couple, Sally and Gary, run an online tuition business. While renting out their five-bedroom house, they've been travelling around England and France. They retrained as teachers in their 40s and built a business based at their home. They've always been inspired by travel programmes, and it was when they moved to online tuition that the couple became convinced they could tutor regardless of their location. In my opinion, this would be a dream for many people. They set out to find a vehicle that would double up as an office, and bought an old ambulance that they converted into their tiny home and workspace.

One of the reasons parents want their tuition is for the one-to-one tutor and pupil connection. While I think some parents feel their children are on computers enough, online tuition works in exactly the same way as face-to-face, offering flexibility for them and convenience for their pupils. Many parents are grateful they don't have to drive to a tutor's house at 6 p.m. and wait outside for an hour while their child has a lesson; they can be anywhere too. Of course, the couple can only tutor when they can guarantee a Wi-Fi signal, something they struggled with in the early days. They've now added a Wi-Fi aerial and things have improved.

They love never knowing what will be around the corner. The beauty of living and working on the road is that you stumble across sights you wouldn't expect. You come across all sorts of interesting people and this, to me, is most appealing. They are hopeful that one day they will ship their vehicle over to Canada, the United States or southern Africa. They've got no fixed plans to go back to life as it was before, but as their grandchildren grow up, they'll want to spend more time close by, but with the option of getting away.



Emma, 26, worked in marketing for five years but left this role to travel the world and retrain as a yoga teacher, doing freelance marketing as she went. Before she bought her campervan, she had felt a huge amount of pressure to stay in an office job and save to buy a house. But she decided to take this money and buy an office on wheels instead. It was the best decision she's ever made.

She stayed with her brother in a campervan in Australia for the first time a few years ago and fell in love with the lifestyle, but never saw it as something she could do full-time. When she returned to England with no work, the job interviews she had were for office roles that had received thousands of applications. She must have found this very disappointing. However, she noticed a gap in the market for creative marketing for small businesses, and realised, as her new business built up, that she could work from anywhere. She can live the life she wants, while producing work that's better than any she would be able to in an office. She can work whenever it is needed, and be there when a client needs her.

The costs of living on the road are so low compared with property rental prices that it's allowing her to save. She uses an App to find camp sites with Wi-Fi and she's stayed at some amazing places at a fairly low cost; experiences she wouldn't have had if she'd got a job in an office. What really stands out for her is that she's driven the length of the country, but never feels lonely. She's now travelled solo such a lot, she's used to it.

It all sounds like an amazing adventure. For me, the people who pursue this liberating lifestyle are true pioneers. Perhaps, one day, the rest of us will follow.

(Source: <https://www.telegraph.co.uk/family/life/wfc-middle-class-nomads-work-live-campervans/>)

Part 3

Read the article by Colin Drury.

In Search of Green Spaces

In an era of online shopping, struggling town centres and a climate crisis, Dexley council has decided that creating a park in its town centre is the best way of regenerating this area and increasing the number of visitors. It will not simply be a green space, it will be a destination. In what some would consider to be a brave move, a shopping centre that has existed for the last 50 years will be knocked down to create an enormous public park. The shopping centre's multi-storey car park and a number of nearby shops, as well as a hotel, will also be demolished. They will be replaced by one of the country's biggest green spaces, offering landscaped lawns, wildlife areas and a range of attractive facilities, such as a picnic spot. It is one of many projects currently being spoken about around the country. Nothing like this has been attempted before in England.

Green spaces are now commonly being planned on sites previously considered for housing and business development. For example, in Hexford city centre, a park is to be created on a site where a car park and offices were previously going to be built. In Farwell city centre, a proposed park, which is part of a wider development of apartments and hotels, will become the city's biggest new green space in over a hundred years. With projects such as these, could we now be seeing the first signs of a new age of park building?

I was horrified to learn that over the last twenty years, a noticeable amount of green space has been lost to development. However, thankfully, there does appear to have been a significant change in the way people now view green spaces, and people are beginning to realise how important they are. Experts believe that one way forward is to protect the green spaces we already have from any future development. This growing awareness of the value of green spaces appears to be driving the creation of more new parks. Thankfully, the government wants to make towns and cities greener as part of its 25-year plan for the environment.

Previously, it was more likely for green spaces to be added to developments where land was left over, but this is definitely not the case anymore. Now, they are starting to be seen as a key part of these developments. This is the thinking in Dexley, where the vast new park will be bordered on one side by a river, and on the other by a remodelled high street, including new shops, restaurants, council offices and a library. Few would argue that this town is in need of regeneration. Thirty per cent of retail units are empty and over the past few years, popular high street stores have abandoned the place. The shopping centre was not only under-used, but it was also widely disliked; in a local meeting, 80 per cent of those present wanted it knocked down.

Work is scheduled to begin early next year, and there are already suggestions that the idea could be one to copy in nearby towns and cities, where they are facing shop closures and where the high streets are struggling. Yet, if all this does suggest we are entering a new era of park creation, experts suggest that we must be realistic about what is happening outside of our towns and city centres too.



Over the last 10 years, existing parks within towns and cities have lost so much of their funding that it has become a real issue to maintain them, and this is a widespread problem. In my opinion, you can have lots of green spaces everywhere but, if they are not well maintained, or they do not offer the facilities needed by users, then their benefits are not being maximised. Therefore, there does need to be a new vision that takes this financial element into account. It must be recognised that whatever we invest in parks now is a saving for the future, for example, on healthcare.

Outside of urban centres, we are still losing green spaces to development at an alarming rate, and people do not have the same access to those that still exist. Depending on where you live, you could be far less likely to have a park nearby, one that you can walk to, compared to someone living in another area. I do agree that this worrying issue needs addressing through careful future planning, but I am optimistic that it will happen at some point in the future. There are definite signs that we are committed to investing in both new and existing parks and we will, one day, be able to maximise the potential of green spaces and improve the general wellbeing of the population.

(Source: <https://www.independent.co.uk/news/uk/home-news/urban-parks-green-spaces-climate-crisis-b1890564.html?r=79384>)

Part 6

How to Make Holidays Greener

The plastic waste being washed into the oceans is not only unsightly but, more importantly, causes harm to marine wildlife. Furthermore, given that clean beaches and healthy marine life are key elements to a good holiday, this is a vitally important issue for the travel industry. Some travel companies are therefore taking steps to do more for the environment. As individuals, what can we do to help?

Before You Arrive

How you choose to travel to your holiday destination is important, as how you get there is often the biggest carbon footprint of a holiday. Take time to do some research and choose a more carbon efficient airline. When you are packing for your holiday, do not take unnecessary items; reducing the weight of your luggage means less fuel is needed to power the aeroplane. In addition, remember to remove any excess packaging from items where possible. If you can, avoid buying new items, such as clothing, and reuse what you already have. Check if you already have headphones for the aeroplane, so that you do not have to buy a new pair.

When thinking about accommodation, you can book somewhere that displays the Travelife logo. Many tour operators require their hotels to sign up to this scheme. It helps them to manage their impact on the environment, for example, using less water and energy, and reducing waste. The scheme also asks hotels to think about their social impact, encouraging them to support local people, businesses and culture. You can also ask your tour operator about which resorts have beach cleans organised, so that you can take part if you want to.

After You Arrive

There are several things you can do to help once you arrive at your destination. The first of these is to think about your use of plastic by taking a reusable bag with you and avoiding plastic straws. A lightweight, reusable bag will not take up much space in your suitcase and can be used in a number of ways, such as on trips to the beach and to the local shops.

When you leave your hotel room for the day, remember to turn off all electrical appliances, including the air conditioning. These simple actions will reduce your carbon footprint because electricity can make up a big part of hotel carbon emissions. Many countries have water shortages, so make sure you use water sparingly and only send items to the laundry when completely necessary.

When you are out and about, think about using local transport, or walking or cycling where you can. You can also support the local economy by choosing local food and drink, and buying gifts from local traders.

No one can fail to be shocked by the reports of the current levels of plastic in our oceans. If everybody does a little, this can all add up to making a huge difference to us all.

(Source: <https://www.independent.co.uk/travel/news-and-advice/beach-pollution-how-we-can-all-play-a-part-in-keeping-our-oceans-clean-10368281.html?r=91449>)

